



HEALTH SUMMARY

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Patient's Name (PLEASE PRINT): _____

Today's Date: _____ DOB: _____ SS#: _____

REVIEW OF SYSTEMS: Are you CURRENTLY experiencing any of the following? Please check ALL boxes that apply.

CONSTITUTIONAL

- Good health lately
- Recent weight gain
- Recent weight loss
- Fever
- Fatigue
- Headaches
- Other _____

GENITOURINARY

- Frequent urination
- Burning or painful urination
- Blood in urine
- Change in force of stream
- Incontinence or dribbling
- Kidney stones
- Sexual difficulty
- Other _____

CARDIO/VASCULAR

- Heart trouble
- Chest pain
- Palpitations
- Varicose veins
- Other _____

ALLERGIES

- Runny/Stuffy nose
- Watery eyes
- Itchy nose, eyes and roof of mouth
- Sneezing
- Pressure in the nose and cheeks
- Ear fullness and popping
- Dark circles under the eyes
- Hives
- Other _____

SKIN

- Rash or itching
- Change in skin color
- Change in hair or nails
- Other _____

NEUROLOGICAL

- Frequent or recurrent headaches
- Light headed or dizziness
- Convulsions/seizures
- Numbness or tingling
- Extremity Weakness
- Other _____

ENDOCRINE

- Thyroid problems
- Diabetes
- Excessive thirst/urination
- Heat or cold intolerance
- Other _____

EAR, NOSE & THROAT

- Hearing loss
- Ringing in ears
- Earaches
- Sinus problems
- Nose bleeds
- Sore throat
- Other _____

SLEEP

- Snoring
- Stop breathing/ gasp for air at night
- Dry mouth/ Sore throat
- Wake up with headaches
- Often tired during the day/ while driving
- Often fall asleep while reading/ watching TV
- Other _____

EYES

- Eye disease or injury
- Wear glasses/contacts
- Glaucoma
- Blurred or double vision
- Other _____

HEMATOLOGIC / LYMPHATIC

- Slow to heal after cuts
- Easily bruise or bleed
- Anemia
- Past blood transfusion
- Enlarged glands
- Other _____

RESPIRATORY

- Frequent coughing
- Coughing up blood
- Shortness of breath
- Asthma/Wheezing
- Other _____

GASTROINTESTINAL

- Loss of appetite
- Change in bowel movements
- Blood in stool
- Stomach pain
- Hemorrhoids
- Nausea/Vomiting
- Heartburn
- Other _____

MENTAL WELLNESS

- Memory loss
- Nervousness
- Depression
- Other _____

MUSCULOSKELETAL

- Joint pain
- Joint stiffness or swelling
- Muscle pain/cramps
- Back pain
- Other _____

HEALTH SUMMARY

DRUG ALLERGIES: Please list ALL medications you are allergic to.

1. _____ 3. _____ 5. _____
 2. _____ 4. _____ 6. _____

CURRENT MEDICATIONS: Please list ALL meds you are currently taking. Include dosage and how often you take each med.

Current Pharmacy: _____ Address: _____ Phone: _____

*****Please list any additional medications on a separate sheet of paper*****

| MEDICATION (including over-the-counter) | Strength | HOW OFTEN DO YOU TAKE? |
|---|----------|------------------------|
| | | |
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| | | |
| | | |
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| | | |
| | | |
| | | |
| | | |

PREVIOUS MEDICAL ILLNESSES: Please check any illnesses you have had in the past.

*****Please list the year the illness was diagnosed beside any checked box*****

- | | | |
|--|--|---|
| <input type="checkbox"/> Anemia / Low Blood <input type="checkbox"/> Anxiety <input type="checkbox"/> Asthma <input type="checkbox"/> Bleeding from Bowels <input type="checkbox"/> Bleeding Problems, Type: _____ <input type="checkbox"/> Blood Clot in Leg <input type="checkbox"/> Blood Clot in Lung <input type="checkbox"/> Blood Transfusion <input type="checkbox"/> Cancer, Type: _____ <input type="checkbox"/> Communicable Diseases, Type: _____ <input type="checkbox"/> Congestive Heart Failure <input type="checkbox"/> Depression | <input type="checkbox"/> Diabetes / High Blood Sugar <input type="checkbox"/> Emphysema / Chronic Bronchitis <input type="checkbox"/> Epilepsy / Seizures <input type="checkbox"/> Gallstones <input type="checkbox"/> Glaucoma <input type="checkbox"/> Gout <input type="checkbox"/> Heart Attack <input type="checkbox"/> Heart Murmur <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> High Cholesterol <input type="checkbox"/> Irregular Heart Beat <input type="checkbox"/> Kidney Disease, Type: _____ | <input type="checkbox"/> Kidney Stones <input type="checkbox"/> Liver Disease, Type: _____ <input type="checkbox"/> Prostate Problems <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Skin Disease, Type: _____ <input type="checkbox"/> Stroke <input type="checkbox"/> Thyroid Problems <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Ulcers in Bowels / Stomach <input type="checkbox"/> Varicose Veins or Spider Veins <input type="checkbox"/> Other: _____ |
|--|--|---|

HEALTH SUMMARY

CURRENT SPECIALISTS:

| SPECIALTY | NAME | LOCATION | PHONE # |
|-----------|------|----------|---------|
| | | | |
| | | | |
| | | | |
| | | | |

Females ONLY: Please write N/A on the lines that DO NOT apply to you, or leave blank.

Are you pregnant or planning to be pregnant soon? Yes No Currently breast feeding? Yes No

Number of: Pregnancies? ____ Miscarriages? ____ Deliveries? ____ Abortions? ____

Current form of Birth Control: _____

Date of most recent: Pap smear? _____ Abnormal Pap(s)? _____

Mammogram? _____ Abnormal Mammogram(s)? _____

SURGERY HISTORY:

| SURGERY | DATE |
|--|------|
| Appendectomy | |
| Joint Scope Surgery | |
| Biopsy of: | |
| Open Heart Surgery | |
| Neck Artery Surgery | |
| Cataract Surgery <input type="checkbox"/> R <input type="checkbox"/> L | |
| Gallbladder | |
| Broken Bone Repair | |
| Colonoscopy - Normal/Abnormal | |
| | |

| SURGERY | DATE |
|-------------------|------|
| Joint Replacement | |
| Back Disc Surgery | |
| Abdominal Surgery | |
| Tonsils Removed | |
| Prostate Surgery | |
| Vasectomy | |
| Hysterectomy | |
| Other: | |

FAMILY HISTORY: Check beside any disease that has affected your parents, brothers, and/or sisters.

*****Please write which family member beside any box checked below*****

- Heart Attack
- High Blood Pressure
- High Cholesterol
- Asthma
- Tuberculosis
- Liver Disease
- Kidney Disease

- Osteoporosis
- Stroke
- Epilepsy / Seizures
- Bleeding Problems
- Sickle Cell Anemia
- Diabetes / High Blood Sugar
- Thyroid Problems

- Cancer /Type:
- Alcohol Abuse
- Anxiety or Depression
- Glaucoma
- Other:

HEALTH SUMMARY

SOCIAL HISTORY:

- ◆ Primary language if not English: _____
- ◆ Current Employment: Full-time Part-time Not working Retired Student
- ◆ Marital Status: _____
- ◆ Do you have a living will? Yes No
- ◆ Religion: Describe any ethnic, religious or cultural beliefs you have that may/will influence your treatment. _____

CURRENT HEALTH HABITS:

| How often do you exercise: | Smoking: |
|---|---|
| <input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Daily | <p>- Have you ever smoked? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>- Number of Years: _____</p> <p>- How many packs currently smoked daily? _____</p> <p>- Use of smokeless tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>- Do you currently smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> |
| ◆ Alcohol consumption: <input type="checkbox"/> Rarely <input type="checkbox"/> Socially <input type="checkbox"/> Never | Quantity? _____ |